













# PROJECT AWARE PRESCHOOL

## NEWSLETTER

MARCH 2024

### 12 WAYS TO CONNECT

WITH YOUR KIDS

 EMPATHIZE	GET BELOW EYE LEVEL 	 LIMIT YOUR WORDS
 SAY WHAT YOU SEE	EAT DINNER TOGETHER 	 PLAY!
 QUALITY TIME	HUG! 	 BEDTIME BONDING
PRAISE EFFORT 	LISTEN! 	 DISCONNECT TO CONNECT

### BENEFITS FOR CHILDREN

Warm and loving relationships are the foundation of children's self-esteem because they make children feel valued and worthwhile. Relationships are built on plenty of responsive, caring interactions with your child.

**HAVE FUN  
TOGETHER:**

### COMPLIMENT GAME

Play the Compliment Game First, let's model how to give compliments, then practice giving them to each other. Make sure to share how giving and receiving compliments makes you feel.

### NATURE WALK

Taking a walk together is a great way to bond with your child. It allows you guys to connect with nature and it's a great opportunity for you to talk to your child and find out what has been happening at school.

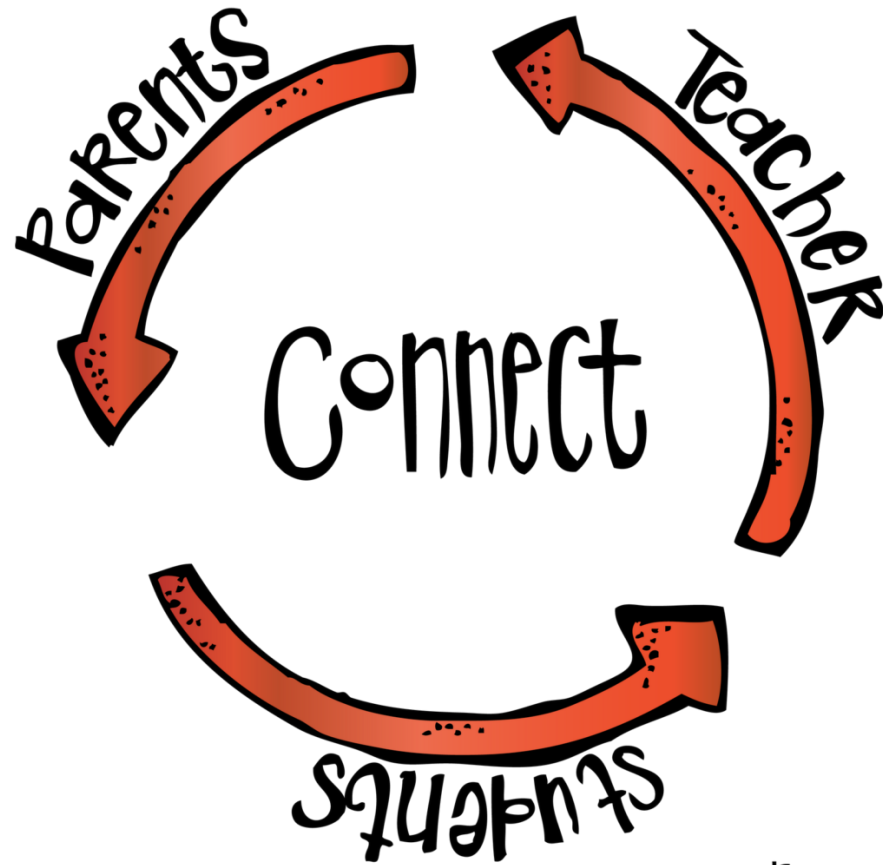
### DANCE PARTY

Children really enjoy dancing. Dancing is a great way to have fun and bond with your child. It is also a great way to make memories with your child. Make videos of the dance party and keep them for memories.

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### HOW IT BENEFITS YOUR CHILD

Substantial evidence exists showing that parent involvement benefits students, including raising their academic achievement. There are other advantages for children when parents become involved – namely, increased motivation for learning, improved behavior, more regular attendance, and a more positive attitude about homework and school in general.

### CONNECT WITH TEACHERS

#### COMMUNICATION

Keeping the lines of communication open with your child's teacher(s) is a great way to build a relationship with them. By doing so you are letting the teacher know that they have your support

#### VOLUNTEERING

Volunteering is a great way for parents and teachers to build a relationship. It also gives parents insight into what happens with their children on a daily basis while it is also a fun way to bond and make memories with your child.

